Helping Students Overcome Academic Probation with Success Course

Advising and Academic Services

Results (Fall 2010—Spring 2017)

- 722 students have enrolled in course
- 90% of students have passed course
- 0.39 GPA increase after course

WHAT IS IT?

USTD 200 Sophomore Success

Learn to maximize use of university resources, and facilitate graduation. Explores the subject matter of university success and overcoming the challenges of career and life decision adjustments.

WHY?

Purpose

The purpose of USTD-200 is to retain students who are at a high risk of being dismissed. USTD-200 is used as a proactive intervention prior to academic dismissal.

- 2 units
- Graded ABC/No Credit
- Degree-applicable
- Counts toward full time for term (Financial Aid)

Target Population (since winter 2016)

- Undergraduate students below 2.0 CSUSB and/or cumulative GPA
- First time or continuing academic probation
- Selection case by case

Goals

- Integration of self-awareness and motivation
- Knowledge of policies, procedures and resources necessary to achieve academic goals
- Integration of retention and timely graduation
- Integration of campus community and student engagement

TOPICS ▶

Understanding of:
- Self
- Motivation and Behavior
- Time Management & Procrastination
- Accountability
- Study Skills
- Anxiety
- Campus Resources
- Academic Advising

Prescriptive | Motivational | Coaching | Appreciative

RESOURCES

- Advising & Academic Services
- Tutoring Center
- Career Center
- Student Assistance in Learning

Mid-Quarter Evaluation

- Student's current grade(s)
- Instructor comments/concerns/areas of improvement
- Attendance and participation

Advising Worksheet

- Ensures student meets with academic advisor in major
- Student chooses appropriate courses with advisor
- Student able to ask questions related to requirements, resources, etc.

WHAT'S NEXT?

Possible Additions

- Add community engagement component through the Office of Student Engagement
- Add research component
- Convert success course into workshops to reach additional students

Possible conversion to workshop

- 2 day workshop
- 1-2 hours per day
- Workshop Topics
  - Faculty/Student Panel
  - Campus Resources
  - Time Management
  - Effective Study Skills
  - Test Taking
  - Health & Wellness

Student comments from USTD-200

"This course helped me open my eyes toward what I want to do with my future."

"The course was very helpful. I feel as though I can take what I have learned and apply it thoroughly."

"The instructor's contributions to the class are unmatched. I appreciate everything he did to not only help me, but the whole class in general."